Promoting Multi-Morbidity Resilience and Resistance

16th Annual Research Retreat
The Alumni House
Ballroom
155 S Central Campus Drive
Salt Lake City, UT 84112

September 28, 2023
8am-Noon Keynote/Symposium Retreat
Noon -2pm Poster Session

Time		Event
7:45 – 8:15 am		Sign In & Continental Breakfast
8:15 – 8:30 am		**Welcome by Executive Director, Mark A. Supiano, MD**
Keynote Addresses		
8:30 – 9:30 am		**Heather Whitson, MD, MHS, Director, Duke Center for the Study of Aging and Human Development** "I don't bounce back like I used to: The Science of Resilience to Health Stressors"
9:30 – 10:00 am		**Keith Diaz Moore, PhD, AIA, Associate Provost, Institutional Design & Strategy** "Promoting Resilience through Environmental Design"
10:00 – 10:20 am **BREAK**		
10:20 – 11:20 am		**Kevin Duff, PhD, Professor of Neurology, Oregon Health & Science University** "Practice Effects as a Marker of Cognitive and Brain Resiliency"
11:20 – 12:00 pm		**Peter Fino, PhD, Department of Health and Kinesiology** and **Sarah Creem-Regehr, PhD, Department of Psychology** "The Effects of Age and Multisensory Integration on Balance and Navigation"
12:00 – 2:00 pm		**Poster Session & Refreshments** • Trainee Award Presentation